

# TRINITY TIMES

May, 2023

Volume 6 Issue 1

Editors: Pat Bradley and Jo-Ann Dahms



## **An Update of the "Doings" of the Governance Team & More...**

Hello Trinity family,

How are you? Hopefully you are seizing the Spring sunshine when it peeks from behind the clouds or raindrops. If you have any questions or suggestions about the life and work of Trinity, please call Jo-Ann (604 474 1454) or Betty (604 468 2050). We would love to have a chat with you.

We would like to remind everyone of the upcoming Annual Congregational Meeting on June 11<sup>th</sup>. A time to celebrate the work, time and talents of everyone at Trinity! The meeting will take place within the worship service – "Worship and Work must be One!" – with fellowship and lunch to follow. Please join us! There is a **sign-up sheet for lunch** in the hallway by the kitchen door **OR** you can send an email to Zoe at: [office@ucpoco.ca](mailto:office@ucpoco.ca) or call her at 604-942-0022, confirming your attendance for lunch. Deadline to sign up is noon on June 5<sup>th</sup>.

### **Community of Faith – Self-Assessment Questionnaire**

This is a process of regular and intentional self-assessment of our ministry and the life of our community of faith, which is requested by Pacific Mountain Regional Council every three years. What are our strengths? What are our challenges? How is the Spirit Moving? These questions are posed in nine (9) different ministries; for example, Vision & Purpose, Worship & Spiritually, Discipleship, and Stewardship to name four (4). Governance has completed this questionnaire and submitted it to PMRC.

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## CHANGES....



### **A New Approach to Coffee Time**



This is **CUPCAKE**...You will notice CUPCAKE sitting beside the coffee pot. Please put a coin (or coins) into her to support the purchase of tea, coffee, juice, cream, sugar, napkins etc used during coffee times. It is also used when the UCW caters an event or meetings held at the church. This is one small way to help with our budget. So as you take your drink, please feed CUPCAKE.

Coffee time is a volunteer sport. On the bulletin board by the kitchen door, there is a sign up sheet if you are available to help on Sunday mornings to prepare the tea/coffee/juice.

For more information, please contact Joy Galea.

**Come and join us after service.**



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### Online Learning

A few folks in leadership roles at Trinity have been viewing the video series "Moving from Decision Making to Discernment". The last Governance Team participated in this course, so the current team felt it could learn some valuable lessons too. The consensus is that it has been enlightening and very worthwhile.

### New Directory

A new 2023 directory is available. If you haven't received one contact the office. Many thanks to the Pastoral Care Team & friends for undertaking this extensive project.

### Welcome back!

Early spring saw the return of "Tuesdays at 2211". This study group and the Monday morning study group are both currently studying the United Church's book "Building God's Beloved Community".

### "Loving God, Loving our Neighbours"

Betty and Jo-Ann, co-chairs of Governance, have selected a theme for the Annual Report this year, "Loving God, Loving our Neighbours". Towards this end, we will be meeting with the Tri-Cities Homelessness & Housing Task Group, and the other vested groups, on May 17 to discuss **Winter Shelter** – successes, challenges, and areas which can be improved.

**The Development Steering Team** is progressing well in their pursuit of developers/consultants for the redevelopment of Trinity. We look forward to learning more in June.

### Looking forward.... the Nominating Team.

We can hardly wait to hear the Nominating Team's report at the Annual Congregational Meeting. This group has been working hard and we will see the results on June 11<sup>th</sup>!



Yours in Service,  
Betty McLean & Jo-Ann Dahms,  
Co-chairs, Governance Team

## Healing Pathways

We are pleased to welcome two new members to our Tri-Cities Healing Pathway Ministry. Welcome to Niki Fraser, a fairly recent newcomer to Trinity, and Kim Prowse who has come back to Trinity after sometime away.

Kim has experience with other healing energy modalities but went, earlier this year, to Victoria to take the Phase 1 Healing Pathway course with Jan Morrissey instructing. Jan is from Inlet United in Port Moody and is our group's leader. When Kim went to register, the course was full but at the last moment someone was unable to attend and Kim took that spot. Kim has a strategically-placed sister living in Victoria so it all worked out well for her. She enjoyed the course and then got her first taste of an in-person session in April. She and Jan offered healing to a young woman from Inlet and it was a very successful session. Kim has also joined our prayer circle as well.

Niki has experience with other healing modalities as well as having taken Phase 1 and Phase 2 courses while she was living in Victoria. She has offered some distance healings but is waiting to find out what work hours she will have following her job training as she recently changed departments. Niki also has joined Trinity's choir as an alto.

In-person sessions are offered at Inlet United on Mondays at 1:15 pm and 2 pm – they can be booked through Inlet's office at 604-939-5513. Inlet's address is 2315 Spring St., Port Moody and they have some underground parking on the 2<sup>nd</sup> level.

If you are interested in booking an appointment, you can also contact me, Linda Lund, at 778-883-3064, for either distance or for an in-person session at Inlet United. Also, if you have any questions, give me a phone call - leave a message if I couldn't get to the phone.

We are very pleased to have both Kim and Niki joining our group of healing practitioners. They were an answer to prayer! Thanks to God – the source of all healing.

*Submitted by Linda Lund*



**Pacific Mountain United Church Women Gathering  
and  
Annual General Meeting  
Theme: "Don't Worry, Be Happy!"**



On April 21 & 22, 2023, Joan Leston and I attended the Annual General Meeting of the Pacific Mountain United Church Women (PMUCW), which was held at the Squamish United Church, Squamish, BC. This was the first face-to-face gathering in four years, and it was wonderful to meet "old" friends and make new ones.

Church AGM's have a format and this meeting was similar. Singing, worship, discussion, business, laughter and a guest speaker. For this event, the guest speaker was The Reverend Debra Bowman.

Rev. Bowman is a gifted preacher and theologian of the United Church of Canada. She was in pastoral ministry in the lower mainland for many years and has served a number of storied congregations. Her gift in congregational redevelopment has been a life-giving highlight enjoyed by the faith communities in which she served. She is dynamic, wise, engaging and extremely insightful. When she preaches, people hear the Word of life!

Rev. Bowman now works as a consultant for communities of faith (as well as for various levels of church governance) that are experiencing times of transition, a call to redevelopment, and/or identifying a need to develop new leadership skills. She is a one-of-a-kind church leader, and a "do not miss" kind of preacher.

Using the theme "Don't Worry, Be Happy!", Deb led us through some of our "worries" in today's world and cautioned us to not let the "worries" rule us. We were reminded of all the "joy" the "Be Happy" part can give us.

Our entertainment on Friday evening was a line dance group from Squamish...a senior women's group of line dancers.

They performed several display "sets" and then we were all invited to join in and learn to boogie! Quite a workout...with lots of laughter!!!

Joan Leston is a member at large on the PMUCW Executive. Thank you, Joan, for giving of your time and talent to this work.

The gathering was a joyful time together.



Submitted by Joy Galea

*a little bit about ....*

## Trinity's Development Steering Team ("DST").

Trinity Times recently met with Trinity's Development Steering Team. This team consists of five dedicated volunteers who are truly committed to seeing Trinity through the redevelopment of our building and land, a process which could take up to seven or eight years! Challenging but exciting!

We wanted to get to know them and what they think of this project to which they have given such commitment. They are a diverse group, each bringing their enthusiasm and individual expertise. Did we say "enthusiasm"? "Passion" is closer to the truth. Their excitement and eagerness comes through loud and strong when speaking with them. They are in it for the long haul!

We noted that it was just about one year ago that Trinity members approved the redevelopment plan in principle. There will be two feasibility studies to be undertaken at a substantial cost: the first is basic planning, and the second is financial.

As well as "milestone" goals or decisions, they spoke about goals at Trinity, such as maintaining transparency and open communication with the congregation. As a group, they feel that this will be key to the success of the development.

They have been advised that this is a good time to be at their current stage, because, come September, all three levels of government are planning to announce more support for affordable housing projects. Port Coquitlam's city council is already very supportive of this project; as well as the TriCity Homelessness and Housing Task Group.

When we asked each one what they felt they brought to this group, these were their tongue-in-cheek answers: stunning good looks, wisdom, sparkling personality, entertainment, humour!! Seriously though, individually they found it challenging to answer for themselves, *however* the rest of the group had no trouble answering for them:

*Robert* brings knowledge of the congregation's financing, experience in completing grant applications, church history and, being retired, availability.

*Justine* brings enthusiasm, initiative, trades perspective and is task-oriented. This project is her passion and she is honoured to be involved.

*Warren* brings development and "codes" knowledge, architecture & design experience, and consulting. He's the conceptual one.

*Sherie's* abilities include report writing, gathering, compiling and dispersing information, and she is detail-oriented.

*Rev. David* is the visionary. He brings leadership and relationship building. He keeps everyone on task and on time.

As mentioned above, the descriptions were a total group effort!

We asked what has surprised or enlightened them during their first year....

- Surprise that this development was even happening.
- How big a "community" it will take; even the early stages are a huge undertaking.
- The length of time from start to completion (*long*).
- Surprise and delight to receive such congregational support.



The team, left to right: Rev. David, Justine Parco, Warren Marshall, Robert Nicolson & Sherie Bohorquez

At this point in the conversation, it was noted that the time we had requested for the interview had passed. It was time to leave this exceptional group to do their work!

The Trinity Times intends to follow this group on their journey and to report back from time to time.

We are blessed to have this remarkable team leading the way!

Submitted by Jo-Ann Dahms



**King Charles III & Queen Camilla**



Ann Blue in her fashionable fascinator.



### **Coronation Tea**

On Saturday May 6th, 18 members of Trinity United Church attended A Coronation Tea, in honour of the Coronation of Charles III and his Queen Consort, Camilla. Scones, clotted cream, raspberry jam, tea and coffee were served at St. Laurence Anglican Church by the Anglican/Lutheran Youth Group ignYTE, and hosted by St. Catherine's Anglican Church Women. The proceeds to be shared enabling the youth to attend the National Clay Conference in Ontario and the ACW will further their outreach of contributions of requested clothing, baby layettes etc., packaged in bales, to northern communities in the dioceses of the Yukon.

*Submitted by Ann Blue*



Trinity loved their "cream tea".



**Trinity Trunk Sale**  
**April 23, 2023**

