

# The week of Feb 4, 2024

## Announcements

**HYBRID Worship on Sunday, Feb 4, 2024 at 10:30 am:** This Sunday we are led in worship by Rev David. **We will be using our new system installed by ProMAX, we appreciate your patience as we navigate new skill sets.** To read the order of service for this Sunday, **[CLICK HERE](#)**. We will have our YouTube livestream available. **[CLICK HERE](#)** to access it.

**Trinity + Worship:** For a video of the most recent Sunday service, **[CLICK HERE](#)**. Streamed on our YouTube Channel on **Jan 28**.

**SHARE Food Bank News:** Please donate what you can and spread the word in our community. Food and cash donations should be directed to 2615 Clarke St in Port Moody, and you can also give money online: **[CLICK HERE](#)**.

**Housekeeping Reminder:** Please be thorough when leaving the building and setting the alarm. Check doors are closed and everyone is out. Thank you.

**We've Got Issues - Interview with Rev. David Cathcart:** Here is the wonderful interview Rev David did with Nancy Furness just before Christmas about our plans for redevelopment. **[CLICK HERE](#)** to watch.

**Thanks to Choral Connections:** For their wonderful fundraiser and performance, *United in Song*. The UCW raised \$312.00 from the Tea and Cookie for a Toonie! The monies will go to Tri-Cities Transition to help complete their outdoor playgrounds.

**Trinity Times New Edition:** Trinity Times is starting to work on the next edition which we hope to send out by the beginning of March. All submissions need to be in by Feb 11th. These can be forwarded to Pat Bradley or Jo-Ann Dahms through the office email (office@ucpoco.ca) or contact Pat or Jo-Ann.

**Thrift News:** Plugging along! \$885.05 is extremely respectable. And we received some Valentine's stuff that SHARE could not make use of....come check it out!

**Coldest Night 2024:** Mark your calendars! This year's Coldest Night of the Year (CNOY) is happening on **Saturday, February 24** and we'd love for you to **join us!** It'll be our eighth year hosting CNOY in the Downtown Eastside. **[CLICK HERE](#)** to find out how to participate.

**In Related News:** Phrydai Wolkers will be raising funds for Coldest Night of the year! Plan to join us on **Friday, February 23, 10 am** for a walk, chat, and hot beverage. (note: this is the day prior to the official CNOY walk). Keep tuned for more details...

**Broadview Article:** These mothers and emergency doctors are struggling to take care of their patients – and themselves. During

COVID-19, doctors were called superheroes. **Today** they are overworked and ignored. [\*\*CLICK HERE\*\*](#) to read.

**Inlet United:** Is presenting a World Day of Prayer on **Sunday, Feb 11, 1:00 pm** at The Springs. There will also be a WDP closer to home at Our Lady of Assumption in March, so mark your calendars!

**February is Black History (or African Heritage) Month:** Officially recognized in Canada since 1996, the UCC takes time to honour the contributions and struggles of people of African descent. Starting things off is the latest Black History Month blog from the Rev. Franklyn James. [\*\*CLICK HERE\*\*](#).

**Attention Broadview subscribers:** It's time to renew your subscription! For just \$30 (including tax), you'll receive 8 more issues of *Broadview* delivered straight to your mailbox. You won't want to miss out on a single issue of the magazine's award-winning coverage of spirituality, social justice and ethical living, as well as United Church news and perspectives. **Syd Sawyer** will be collecting subscription monies now till the end of February. **Not a subscriber?** It's never too late to join our *Broadview* subscription group! Syd Sawyer can help you get signed up **today**. And remember – the discounted \$30 rate is **ONLY** for group members.

**Our Sister Church:** Check out their January newsletter, [\*\*CLICK HERE\*\*](#).

**More From Inlet United:** They will have two upcoming Taizé worships at the loco site at 1790 loco Road, Port Moody, on **Thursday, February 15th at 7 pm** as well as **Thursday, March 21st at 7 pm**.

**Healing Pathways:** The Tri-Cities Healing Pathway ministry has begun again to offer in-person healing sessions at Inlet United on Monday afternoons. Sessions can be booked for **1:15 or 2:00**. That time on the 4th Monday of each month, however, is set aside for a gathering of practitioners. To book a session contact 604-939-5513 or email [healingpathway@inletunited.ca](mailto:healingpathway@inletunited.ca).

**UCC for Lent:** Moderator Carmen Lansdowne recommends the new Lenten devotional this year ***Act/Fast: Spiritual Practices for a Climate in Crisis***. Lent begins in less than a month on February 14! Consider reading this thoughtful devotional with contributions from climate advocates around the world.

**PMRC Prayers:** In our own Pacific Mountain Region of the United Church of Canada, we pray for the Pacific Mountain Regional Council, the President Deborah Richards, Executive Minister Treena Duncan, Executive, and staff.

**Trinity Prayer Circle:** We have two prayer circles set up to receive and act on your prayer requests. Please refer prayer requests to Linda Lund (778-883-3064/[linda.lund60@gmail.com](mailto:linda.lund60@gmail.com)).

**Prayers of the People: Feb 4 - 10, 2024**

In the Ecumenical Prayer Cycle of the World Council of Churches

this week, we pray for Andorra, Italy, Malta, Portugal, San Marino, Spain, and Vatican City. [CLICK HERE](#) to find out more about this part of the world and the ecumenical prayer cycle.

Website



## Pacific Mountain Region Council News

Notes from Town Hall Meeting

**Pacific Mountain Regional Council, January 10, 2024**

Townhall Meeting – Zoom

**Welcome:** Treena Duncan, Executive Minister, Pacific Mountain Region and Chinook Winds.

**Reflection: President PMRC: Deborah,** Rev Deborah Richards

Genesis 12

Time for forgiveness and respect for those people around us.  
Make time for a discernment for the building of better pathways.

What are some of the journeys?

Who are able help us?

What resources do we have at our disposal?

### **Guests:**

**Kendra Mitchell-Foster**, PMRC Justice Minister

Comes from a background of epidemiology, tropical disease. Long time advocate of social programs and social justice. Reconciliation, and eco-justice. Working from Prince George and the University of Northern BC, Kendra is currently finishing for her commissioning as a minister in the Unity Church, with a specialty in Affirming Ministry.

**Rev. Scott Reynolds**, national staff Growth Animator, who is now serving Pacific Mountain and Chinook Winds regional councils.

Role is to help communities to develop new ministry's and support existing Communities of Faith in developing new directions in their faith community.

### **Affirming Ministries: Kendra Mitchell-Foster.**

#### Affirming Action Plan

1. Establishing an Affirming Action Group serving 2 year term, to oversee how the region is living out its commitment to being an Affirming Regional Council (established at annual meeting in 2022).

2. Develop a Regional Affirming Network that provides education and support for those seeking to become affirming Communities of Faith - encouraging / accessible
3. Provide mechanisms of support for the 2SLGBTQSIAP+ (Two Spirit, Gay, Lesbian, Bisexual, Transgender, Queer, Asexual, Intersex, Pansexual) communities.
4. Provide worship resources and continuing training for ministry personnel and lay leaders. Currently 41 Communities of Faith in the PMRC are in the Affirm United network.
5. Commit to ensuring an Affirming Ministry professional development event at every annual meeting of the Regional Council.
6. Empower and resource PMRC Pastoral Relations Ministers to create a mentorship system where 2SLGBTQSIAP+ ministry personnel receive one-on-one support.
7. Ensure that all staff job descriptions are Affirming, require a commitment to be Affirming.
8. Facilitate further PMRC website development to ensure promotion of annual events, ie- P.I.E Day, local Pride events, Affirm United Resources, and Affirm United Annual meeting.
9. Work with the regional Council Executive in establishing an "Equity Monitor"

Kendra Mitchell-Foster: Further information -  
[kmitchellfoster@united-church.ca](mailto:kmitchellfoster@united-church.ca)

**Pam Roker:**

**National Affirming / PIE Day** (Public, Intentional ,Explicit), March 14, 2024 – [www.pieday.ca](http://www.pieday.ca).

Current surge of misinformation / disinformation and violence against “drag” performers and trans people.

Further information - [affirmingconnections.com/what-were-up-to](https://affirmingconnections.com/what-were-up-to)

**Closing:** Rev Deborah Richards

Respectfully Submitted,

Ross Dunning, Dave Squires

*Pacific Mountain Regional Council Representatives*

Follow us on Facebook and Instagram



---

2211 Prairie Ave  
Port Coquitlam, BC  
Canada V3B 1V8

604-942-0022

[office@ucpoco.ca](mailto:office@ucpoco.ca)

---

You are receiving this email because you are subscribed to the Newsletter at [ucpoco.ca](https://ucpoco.ca).  
To instantly be removed from this list, **click to unsubscribe**.

[Click here to manage your subscriptions.](#)