



The week of Feb 11, 2024

Announcements

Worship on Sunday, Feb 11, 2024 at 10:30 am: Sunday's service will be led by Rev David Cathcart. This week we celebrate Transfiguration Sunday as well as the sacrament of Communion - all are welcome to participate. ***CLICK HERE*** for the order of service. We will have our YouTube livestream available. ***CLICK HERE*** to access it.

Trinity + Worship: For a video of the most recent Sunday service, ***CLICK HERE***. Streamed on our YouTube Channel on **Feb 4**.

Ash Wednesday Observance: Wednesday, Feb 14 is Ash Wednesday. We encourage individuals and small groups to pick up at the office THIS SUNDAY, "Ash Wednesday Observance Packages." You will receive a mini bulletin and a "tattoo ash cross"

for each member of your small group to observe Ash Wednesday together. The packages will also be available from the office on Tuesday morning.

TUMS annual Games Night: Sat, Feb 24th, 7 pm sharp in the Church Hall. \$5.00 ticket includes tea, coffee and snacks. Bring your friends for an easy to learn game and friendly socializing. Tickets from Harvey 604-512-6774.

SHARE Food Bank News: Please donate what you can and spread the word in our community. Food and cash donations should be directed to 2615 Clarke St in Port Moody, and you can also give money online: [**CLICK HERE**](#).

During Lent, Tues@2211: will be studying the book *Act/Fast: Spiritual Practice for a Climate in Crisis*. We will be accessing the course online at CHURCHx. We meet at 6 pm, share a small potluck meal, then engage in the learning materials. No purchase is necessary, but you may acquire the ebook at UCRD. We are usually done by 8 pm. *Anyone who would like to join us is welcome.*

Upcoming UCW meeting on Tuesday, Feb.13th at 1:30 PM in the Library/Narthex area. **Topic:** How are we helping Homeless People in the Tri-Cities? (This is a time change from 2 pm.)

Housekeeping Reminder: Please be thorough when leaving the building and setting the alarm. Check doors are closed, LIGHTS ARE OUT, and everyone is gone. Thank you.

As Trinity's tax receipts for 2023 have been produced, Dave Squires has retired from the position of Envelope Secretary. Jo-Ann Dahms has agreed to become Trinity's Interim Envelope Secretary. She has been the Assistant Envelope Secretary for many years. If you would like to:

- donate by Pre-Authorized Remittance (PAR)
- change your monthly donation
- donate by Envelope

please contact Jo-Ann.

We've Got Issues - Interview with Rev. David Cathcart: Here is the wonderful interview Rev David did with Nancy Furness just before Christmas about our plans for redevelopment. ***CLICK HERE*** to watch.

Trinity Times New Edition: Trinity Times is starting to work on the next edition which we hope to send out by the beginning of March. **All submissions need to be in by Feb 11th.** These can be forwarded to Pat Bradley or Jo-Ann Dahms through the office email (office@ucpoco.ca) or contact Pat or Jo-Ann.

Thrift News: Winter-tastic! \$939.70 is so cool, it's ice cold. And we received some Valentine's stuff that SHARE could not make use of....come check it out!

Coldest Night Of the Year walk Friday, Feb 23, 10 am: Raising funds for charities that support the homeless

The route will be from the church along the river to “Waves” coffee or alternately around Gates park and back to Waves. All are welcome to join the walk, make it a community event! Bring a friend. Phrydai Wolkers collecting for the CNOY 2024 are: Betty McLean, Beth Anderson, Judy Johnson, Isabel Eckford, Joy Galea, Linda Lund, Mary Karyula, Barb Robertson, Rev. David Cathcart, Syd Sawyer. Phrydai wolkers will gladly collect donations in cash or cheques made to Trinity United Church (with memo on cheque to CNOY 2024.) To donate online: [CLICK HERE](#).

Broadview Article: These medical practitioners use traditional Chinese medicine to make healthcare safer for LGBTQ2S+ patients. Using acupuncture, herbal remedies and gender affirming terminology with queer and trans people helps with physical and mental health concerns. [CLICK HERE](#) to read.

February is Black History (or African Heritage) Month: Officially recognized in Canada since 1996, the UCC takes time to honour the contributions and struggles of people of African descent. Starting things off is the latest Black History Month blog from the Rev. Franklyn James. [CLICK HERE](#).

Attention Broadview subscribers: It’s time to renew your subscription! For just \$30 (including tax), you’ll receive 8 more issues of *Broadview* delivered straight to your mailbox. You won’t want to miss out on a single issue of the magazine’s award-winning coverage of spirituality, social justice and ethical living, as well as United Church news and perspectives. **Syd Sawyer** will be

collecting subscription monies now till the end of February. **Not a subscriber?** It's never too late to join our *Broadview* subscription group! Syd Sawyer can help you get signed up **today**. And remember – the discounted \$30 rate is **ONLY** for group members.

Our Sister Church: Check out their February newsletter, ***CLICK HERE***.

More From Inlet United: They will have two upcoming Taizé worships at the loco site at 1790 loco Road, Port Moody, on **Thursday, February 15th at 7 pm** as well as **Thursday, March 21st at 7 pm**.

Healing Pathways: The Tri-Cities Healing Pathway ministry has begun again to offer in-person healing sessions at Inlet United on Monday afternoons. Sessions can be booked for **1:15 or 2:00**. That time on the 4th Monday of each month, however, is set aside for a gathering of practitioners. To book a session contact 604-939-5513 or email healingpathway@inletunited.ca.

UCC for Lent: Moderator Carmen Lansdowne recommends the new Lenten devotional this year ***Act/Fast: Spiritual Practices for a Climate in Crisis***. Lent begins in less than a month on February 14! Consider reading this thoughtful devotional with contributions from climate advocates around the world.

PMRC Prayers: In our own Pacific Mountain Region of the United Church of Canada, we acknowledge the beginning of Lent on this

coming Ash Wednesday. From dust we come, to dust we shall return.

Trinity Prayer Circle: We have two prayer circles set up to receive and act on your prayer requests. Please refer prayer requests to Linda Lund (778-883-3064/linda.lund60@gmail.com).

Prayers of the People: Feb 11 - 17, 2024

In the Ecumenical Prayer Cycle of the World Council of Churches this week, we pray for Austria, Liechtenstein, and Switzerland.

[CLICK HERE](#) to find out more about this part of the world and the ecumenical prayer cycle.

Website

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