



The week of March 10, 2024

Announcements

Worship on Sunday, March 10, 2024 at 10:30 am: Sunday's service will be led by Rev David Cathcart. This week is the fourth Sunday of Lent and we will celebrate communion. ***CLICK HERE*** for the order of service. We will have our YouTube livestream available. ***CLICK HERE*** to access it.

Trinity + Worship: For a video of the most recent Sunday service, ***CLICK HERE***. Streamed on our YouTube Channel on **March 3**.

Photo Directory 2024: This year, to celebrate the 120th Anniversary of being a community of faith in Port Coquitlam, Trinity is planning to publish a pictorial directory...not the expensive, fancy, and lengthy process of years past. Instead we'll be using three talented photographers at hand: Dave, Judy, and Syd.

Last chance, **Sunday March 17:** (There will be no photos this

Sunday!)

1st - make any changes to your information on the paper copy of the directory.

2nd - get your photo (head & shoulders) taken by one of the designated photographers.

Deadline for sending digital photos to Zoe at the office: **Tuesday, March 19.**

Our Holy Week Worship services: this year will be a mix of United Church corridor, in-person, outdoor, and regular Sunday services. We are delighted to celebrate Holy week as a community of Christ.

.Thursday, March 28 at 7:00 pm: Maundy Thursday

An in-person evening service in the **Trinity United Sanctuary** led by Rev David Cathcart.

Friday, March 29 at 11 am: Good Friday

We will gather in-person with other United Churches of the Loughheed corridor for a Good Friday service at **Como Lake United Church.**

Carpooling from Trinity is available, leaving the parking lot at 10:00 am

Sunday, March 31 at 8:00 am: Easter Sunrise Service

We are pleased to gather for our special, **outdoor**, in-person Sunday service led by Rev David Cathcart at **Lions Park.**

Sunday, March 31 at 10:30 am: Easter Sunday Service

We will gather in-person and via livestream for our Easter Sunday service led by Rev David Cathcart at **Trinity United Church** in our Sanctuary.

One Day's Pay: During Lent we have a practice of giving One Day's Pay as a special offering. Each person or household decides what One Day's Pay will be for them. This is a special offering. 60% of monies raised go to a project "beyond our doors". 40% of monies raised go to a project within Trinity. This year 60% will go to the Benevolent Fund for support of others and 40% will go to the Operating Fund of Trinity. *Envelopes of your One Day's Pay offering are available on the Welcome Table each Sunday or from the office. Thank you for your support.*

Spring Cleaning in the Sanctuary: Join us, won't you? **Saturday, March 23 from 9 am to 1 pm**, come for half an hour, come for 4! ***CLICK HERE*** for more details.

Trinity Car Trunk Sale: **Sat, April 20, 9 am to 1 pm** is Trinity's Fourth Car Trunk Sale! \$30 for a stall and sell your stuff, or just pop by to see what treasures are for sale. We've heard it will not rain and a ton of people will be turning up! We have a fun time...

Thrift News: Here comes the sun...: \$856.85.

Broadview Article: Why does modern medicine know less about the female body? Cat Bohannon's new book shares what gender gaps in medical trials have ignored. ***CLICK HERE*** to read.

Backyard Ecology – Changing the Way We Garden: with Nancy Furness (PhD Plant Ecophysiology) Burke Mountain Naturalists and Wondrous Tree Fellowship will share how we can move away from

traditional lawns, synthetic turf, and impermeable surfaces, towards visually stunning, pollinator-friendly plantings and woodland gardens to fit any space. The free event is on **Thursday, March 14th 6:30pm – 9:00 pm** at Douglas College 1250 Pinetree Way, Lecture Theatre A1470. *Ms Furness is the person who interviewed Rev David in the Fall.*

Stand with Ukraine: February 24th marked two years since Russia's invasion of Ukraine. Nearly 30,000 lives have been lost and millions displaced. Canadian Christian leaders have joined voices, urging support for refugees and for peace. Their message? Pray, advocate for diplomacy, aid refugees, remember the invasion's impact, and hope for reconciliation. **[CLICK HERE](#)** to donate to Mission and Service and stand with Ukraine. Read the full story **[CLICK HERE](#)**.

Healing Pathways: The Tri-Cities Healing Pathway ministry has begun again to offer in-person healing sessions at Inlet United on Monday afternoons. Sessions can be booked for **1:15 or 2:00**. That time on the 4th Monday of each month, however, is set aside for a gathering of practitioners. To book a session contact 604-939-5513 or email healingpathway@inletunited.ca.

PMRC Prayers: In our own Pacific Mountain Region of the United Church of Canada, we pray for **St. Andrew's-Wesley UC (Vancouver)**, St. Columba UC (Grand Forks), St. David's by the Lake (Celista), St. David's UC (West Vancouver), St. George's UC (Courtenay), and St. John-Gaulbert SM (Port McNeill).

Trinity Prayer Circle: We have two prayer circles set up to receive and act on your prayer requests. Please refer prayer requests to Linda Lund (778-883-3064/linda.lund60@gmail.com).

Prayers of the People: Mar 10 - 16, 2024

In the Ecumenical Prayer Cycle of the World Council of Churches this week, we pray for Denmark, Faroe Islands, Finland, Greenland, Iceland, Norway, and Sweden. ***CLICK HERE*** to find out more about this part of the world and the ecumenical prayer cycle.

Website

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